

Is Your Senior Neighbor Eating Today?



Many great folks need the good meals our friendly volunteers deliver to their homes. But some won't ask for a meal because they can't contribute enough.

Can you imagine your own parents or close neighbor not eating because they are unable to prepare food?

Southwest Missouri Office on Aging can deliver a meal to senior friends and neighbors who can't fix a meal for themselves. But, recent state funding withholdings to our home-delivered meal program have jeopardized the number of seniors we are able to serve. We've been forced to turn down new requests.

Our meals satisfy the need for more than just calories and nutrition. Sometimes those who receive the meals never see another person all day. *Loneliness is a devastating sorrow.* This program assures they get to see someone who cares. The smiling volunteer assures their well-being and safety.



**Please note the suggested contribution rate for meals has increased to \$3.50 each.*

Here's what you can do if you want to help: Make a donation to your local senior center; volunteer to be a meals driver; or encourage your Sunday school class, club, or friends to adopt one of our seniors who need help with their meals.

Please return this section with your donation.

You can deliver more than a meal!

Last year we delivered 842,175 meals and the list continues to grow. Will you help us keep the meals going out?

For only \$35.00 you can sponsor TEN (10) meals for a senior like "Lena, Paul, or Martha" who needs help.

YES, I would like to adopt a senior for home-delivered meals.

Enclosed is my tax-deductible donation.

___ \$35.00 sponsors 10 meals for one grateful senior

OR

I would like to sponsor ___ meals at \$3.50 each totaling \$_____.

**Please send your contribution to:
SWMOA, Foundation
1735 S. Fort Ave.
Springfield, MO 65807**

or call (417) 862-0762 for credit card payments